

What is Reiki?

Reiki, pronounced Ray-key, means “Universal Life Force Energy” in Japanese. It is a simple, gentle, yet powerful energy healing modality that can create profound healing results, balance the energetic body, and promote harmony on all levels.

Course Content for Level 1

History of Reiki
Philosophy
Ethics
Attunements
Level 1 Symbols
Techniques/Hand Placements
Hands on Practice
Applications
Self Care

Who Is This Training For?

Reiki training is open to anyone with the sincere desire to bring this healing modality into their life, whether it is for personal growth and wellness, to assist family/friends, or to work in the professional setting. No prior experience is necessary, although it is highly recommended that you come with an open mind, a willingness to learn, and the desire to grow.

How do I prepare for the class?

The most important thing you can do is to set your intention to accept this training and the attunements with an open heart and mind.

Some people feel it is important to stay away from sugar, caffeine, alcohol, red meat, and recreational substances at least 3-7 days prior to the class. If you feel this is an appropriate path for you, by all means do what feels right.

Meditation, rest, and spending time in nature are all very good ways to center and connect to your Self before and after the training.

If you do not have prior experience with Reiki, it is also recommended that you receive a full hour session prior to the training in order to familiarize yourself with this modality.

Bring

Lunch or plan to dine at a nearby restaurant/eatery (Saturday only).

Investment

The energy exchange for this course is \$150, with a non-refundable \$50 deposit to reserve your spot in the class. **Full payment is expected 3 days before the first day of class.** Cancellations with 24 hours notice will result in 100% refund minus the deposit.

Location

75 Manhattan Drive, Ste 208
Boulder, CO 80303

From US 36 West, take Table Mesa/Foothills Exit, from exit ramp, take right lane (Table Mesa/South Boulder Road), and take Right (East) onto South Boulder Road, Left onto Manhattan Drive (you will see a Days Inn on your left) and the building complex is just north of the Days Inn, on the left (west). Park and use entrance on north side of the building.

Questions?

Contact Amy Mak at

720-352-1782

or

amy@soulworkings.com

Registration for Reiki Level 1

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Home/Cell Phone _____ Email _____

Birth-date _____

How do you want your name to appear on your certificate? Please print legibly:

Please answer the following questions:

What has been your experience with Reiki thus far?

Have you had any other prior training in the healing arts?

Why are you taking this training?

What are your expectations for this training?

Class fee is \$150, with a \$50 non-refundable deposit.

**Please send check (made payable to "Soul Workings")
and page 3 and 4 of this form to:**

Amy Mak, NCTMB
Soul Workings
75 Manhattan Drive, Ste 208
Boulder, CO 80303

By signing below, I acknowledge that:

I am submitting a non-refundable deposit of \$50 to hold my spot for the upcoming Reiki Level 1 Course:

Friday, May 30, 2008: 6 pm - 8 pm
Sunday, June 1, 2008: 9:30 am - 6:30 pm

I will provide payment in full at least 3 days prior to the first day of class unless other arrangements have been made in advance.

Cancellations with 24 hours notice will result in 100% refund minus my deposit.

I also understand that Reiki is a complementary healing modality and that in no way will I be trained to diagnose or treat any medical conditions, unless I have prior training that allows me to do so. I am participating in activities that may involve physical, emotional, spiritual and/or mental activity and that in cases of such undertakings there is always a risk involved. I voluntarily agree to assume the risk and responsibility for any benefits, injuries and/or damages suffered by me arising out of my participation.

Signature _____

Date _____