

What is Reiki?

Reiki, pronounced Ray-key, means “Universal Life Force Energy” in Japanese. It is a simple, gentle, yet powerful energy healing modality that can create profound healing results, balance the energetic body, and promote harmony on all levels.

Course Content for Level 1

History of Reiki
Philosophy
Ethics
Attunements
Level 1 Symbols
Techniques/Hand Placements
Hands on Practice
Applications
Self Care

Who Is This Training For?

Reiki training is open to anyone with the sincere desire to bring this healing modality into their life, whether it is for personal growth and wellness, or to assist family/friends. No prior experience is necessary, although it is highly recommended that you come with an open mind, a willingness to learn, and the desire to grow.

How do I prepare for the class?

The most important thing you can do is to set your intention to accept this training and the attunements with an open heart and mind.

Some people feel it is important to stay away from sugar, caffeine, alcohol, red meat, and recreational substances at least 3-7 days prior to the class. If you feel this is an appropriate path for you, by all means do what feels right.

Meditation, rest, and spending time in nature are all very good ways to center and connect to your Self before and after the training.

If you do not have prior experience with Reiki, it is also recommended that you receive a full hour session prior to the training in order to familiarize yourself with this modality.

Bring

Lunch or plan to dine at a nearby restaurant/eatery (Saturday only).

Investment

The energy exchange for this course is \$160 by the early registration deadline, \$175 thereafter; includes \$50 non-refundable deposit to reserve your place in the class.

Cancellations with 48 hours notice will result in 100% refund minus the deposit; refunds are not available for cancellations or missed classes thereafter.

Location

75 Manhattan Drive, Ste 208
Boulder, CO 80303

From **US 36 West**, take **Table Mesa/Foothills Exit**.

From exit ramp, take right lane (Table Mesa/South Boulder Road), and make a **Right** (East) onto **South Boulder Road**.

Take your second **Left onto Manhattan Drive** (you will see a Days Inn on your left) and the building complex is just north of the Days Inn, on the left (west).

Please park and use entrance on **north side of the building**.

Questions?

Contact Amy Mak at

720-352-1782

or

amy@soulworkings.com

Registration for Reiki Level 1

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Home/Cell Phone _____ Birth-date _____

Email _____

- Yes, please sign me up for Thriving Times E-zine**
(free Soul Workings newsletter – wellness, prosperity, coupons, tips on thriving in all areas of your life!)
- Yes, sign me up for Soul Workings' Reiki List**
(get latest class announcements, Reiki share invitations, all things related to Reiki at Soul Workings)

How do you want your name to appear on your certificate? Please print legibly:

Please answer the following questions:

What has been your experience with Reiki thus far?

Have you had any other prior training in the healing arts?

What are your expectations for this training?

Please see website for Registration Deadlines:
www.soulworkings.com/reikiclasses.html

Online registration for this class is available at:
<http://reikione.eventsbots.com>

Otherwise, please mail pages 3 and 4 of this form with payment to:

Amy Mak, NCTMB
Soul Workings Inc.
75 Manhattan Drive, Ste 208
Boulder, CO 80303

By signing below, I acknowledge that I am submitting:

_____ \$160, Early Registration (must be **received** by early registration deadline)
_____ \$175, Regular Registration (for all registrations **received after** early registration deadline),

which includes a non-refundable deposit of \$50 to reserve my place for the upcoming Reiki Level 1 Course (fill in class dates below):

Friday, _____: 6 pm - 8 pm
Saturday, _____: 9:30 am - 6:30 pm

PAYMENT OPTIONS:

1) Check # _____ (please make payable to "Soul Workings Inc.")

2) VISA/MC/DISCOVER # _____
Exp ____/____ CCID Code (last 3 digits on back panel of card): _____
Name (if different from registrant) _____
Billing Address (if different than mailing address provided): _____

Cancellations with 48 hours notice will result in 100% refund minus the deposit; refunds/credits are not available for cancellations or missed classes thereafter.

I understand that Reiki is a complementary healing modality and that in no way will I be trained to diagnose or treat any medical conditions, unless I have prior training that allows me to do so. I am participating in activities that may involve physical, emotional, spiritual and/or mental activity and that in cases of such undertakings there is always a risk involved. I voluntarily agree to assume the risk and responsibility for any benefits, injuries and/or damages suffered by me arising out of my participation.

Print Name _____

Signature _____

Date _____